



# Mallala Primary School Community Wellbeing Approach

## CLASSROOM

## WHOLE SITE

## INDIVIDUAL

Unconditional positive regard – students, staff, families, community

Safety - Belonging - Flexibility - Access (see document)

Responsive not reactive to behaviours and situations

Regular communication with families ensuring a network around each child and young person

Trauma Informed Practices

Consistency in the teaching and implementation of Social Emotional Learning (SEL) Programs / Practices

Teaching how the brain works

Brain breaks / Mindfulness / Interoception

Character Strengths

Keeping Safe: Child Protection Curriculum

Friendly Schools

Regular site reviews

- School climate
- Behaviour approach
- Student/Staff Wellbeing

Developing and promoting Growth Mindsets

Staff Professional Development

Wellbeing Leader

Pastoral Care Worker

Community Engagement

Social Skills Programs  
- What's the Buzz

Challenging and achievable goals

Individual Support Plans  
One Plan / Behaviour

Clear sequenced instruction

Co-regulation

Self-regulation

